2026.08.06 Group Conscience Meeting Finalized and Approved

Opening

Kathy is chairing
Open meeting with serenity prayer
Approx 155 members attending

Confirmation of prior month minutes

Minutes from July are approved

Announcements

Service Reports

Group rep report:

Link to GR report:
https://www.everydailyalanon.org/_files/ugd/d70307_de5187f43c214474a3c4c4a585c28430.pdf

Secretary report:

Current availability for weekly service (daily meetings) is as follows:

Service Availability							
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
Chair	Rae D	Sonya	Joella	Ravi	Deborah	Barbara	Sophie L
Chat Host	Meladee	Sue	Terresa	Nicole	John K.	Ann P	Ali
Tech Host	Amanda	OPEN	Angela	Melissa	Jessica	OPEN	Emily
Safety Host	Melissa	Kat GL	Sarah O	Bill	Lisa	Brenna	Connie
Timer	Hannah	Rebecca	Jody	Sammy	Andrea	Shelly	OPEN

Treasury report:

Link to treasury report: Treasury Report July 2026.docx

Group conscience report:

New email addresses for the group
Summer group inventory on the website. Everyone is encouraged to take it before it closes on Labor Day.

Old Business

Phone list

Report: have gotten into phone list gmail, able to address the backlog.
Have items for discussion to simplify the procedure.
Since we have the EDRG phone list email, it would be good to put the email specifically in the chat rather than using the form.
Beyond that, also want to talk about removing some of the information in the columns

Discussion:

- A member wants to make it simpler and is in support of just emailing to get the phone list
- A member believes that it would be helpful to clean up. Thinks there are lots of people on the list who no longer attend the meeting. Is there a sense of how to tackle that?
    - Right now just handling it manually with people responding to be removed, not sure how to handle it (in person meeting you would pass around the list and ask people to put a check mark next to their name and revise that way).
- A member notes that simplicity makes it easier to pass along to another person. This is a lot of work, does the phone list coordinator need help?
    - Hard part is over, and coordinator has time for it.
- Member shares that we could have an associated email address with our domain (@everydailyreader.org vs. gmail addresses)
- Idea for thinning the list: if you haven't made any changes or confirmed your number, you will be removed after a certain amount of time.
- Can we vote to do away with the form? And then perhaps we have a separate conversation/vote about changing the email address, etc.
- Also, suggesting taking out location, notes field because people do a whole share and it ends up on the phone list. Would also like to take out the column that says "available to sub for service" and thinks that we don't use that. Would also do away with the email column.
- Can we put specific emails (for the group) at the top of the phone list?
- We never voted on the phone list and the form in the first place - so however the phone list coordinator wants to do it we should let her go forward as a trusted servant.
- Are the emails so the coordinator can contact people easier than calling everyone to confirm their participation on the list?

- Member likes the location to be able to meet people in your area.
- A member likes the column for service subs because it is helpful in other meetings
    - Service member notes that there is a whatsapp group and also a service email list that is helpful.
    - Member follows up to confirm the whatsapp group is what is needed
- Member understands it wasn't voted on before, but perhaps we should now
- Service member confirms that she keeps emails elsewhere, and it is tedious to remove the emails when people don't want to be on it.
- A few members mention that is is called a "phone list" and doesn't need email on it.
- A member suggests that we allow the current service person to complete the phone list as she sees fit and then vote on it after the fact in order to keep it simple for the next person.
- A member notes that the location/time zone is helpful for actually making phone calls and confirming that we aren't waking people up during nights, etc.
- A member suggests that we put a "date last updated
- Discussion
  Yes: 31 yes

Sharing Frequency

In 2023 the group discussed this and in Oct 2023 determined that we asked people not to share more than once in a calendar week.
At that time, we asked people to have gentle reminders rather than strict enforcement.
Discussion:

- A member notes that this is uncomfortable, and people sharing multiple days in a row creates dominance.
- A member doesn't think that it happens a lot, but does note that the line that states that people shouldn't share more than once a week happens before the daily readers, so someone might miss it if they come on late and then they wouldn't know. Member is not in favor of policing it but does suggest moving the line in the script so that it is more timely for sharing.
- Member remembers that we talked about this a few years ago, and notes that we might be trying to "enforce the unenforceable." How would we do this?
- Member agrees that it should be lower in the script. Does not want to call someone out publicly and feels that people are called on if they raise their hand.
- Member recalls that group discussed this for several months and after group consensus we had to change the language multiple times. Also when the group conscience had no time limit, someone said at the end of the meeting said that they didn't feel entitled to share in the main meeting because they felt like it is other people's meeting.
- A member agrees that if we can put the note in a different place in the script that would be good, but there have been issues where a person shares 4 days in a row and this is dominance.
- Member questions whether this is for the same group (aka this isn't the same group every single day). Does "sharing once a week" mean once on Monday, once on Wednesday, etc since there are different people every day of the week.

- Member notes that they are uncomfortable being corrected publicly even when wrong, and feels it is embarrassing. Doesn't want that to happen in an al-anon meeting. Would prefer to contact the person privately. Doesn't want to publicly humiliate people
- Member suggests that we have someone work on new wording to help improve thoughts
- Member notes that we are feeling confusion about whether this is an issue or not. Suggests that we put a poll in the chat for like a month and see what the group really thinks about whether people are sharing too much.
- Member agrees that host should not have to monitor who has shared during the week. Very important not to call someone out. Putting a statement in two different places is helpful. No one should dominate, including the host.
- We are taking temperature on having a poll in the chat
    - YES: 9
    - NO: 3
    - Determined that this is not enough to move forward.
- Member notes that with a meeting this large there will always be people who share "too much" and we need to determine if this is really an issue.

Closing

Close with serenity prayer.