

EDRG Group Conscience Meeting Agenda – Jan 2026

- Chair: Welcome to the monthly group conscience for the Every Daily Readers Al-Anon Family Group. Can we open the meeting with the Serenity Prayer?

- In Al-Anon, we learn to trust a Higher Power, ourselves, and others in the group. There is an intentional absence of personal power or authority; we presume goodwill. It is no longer about winning or losing, but of traveling on a journey toward greater understanding. We enter a reciprocal relationship to seek resolution of the conflict and invite our Higher Power into our conversations.

This meeting will last one hour.

We will now have group reports.

1. Group Rep

2. Treasurer

Treasurer's report to January 1, 2026, Every Daily Readers Group, Group Conscience

The interim treasurer term ended December 31, 2025. Debbie L begins as Treasurer on January 1, 2026.

Starting January 1, 2026, please direct your contributions to the new Venmo @Debbie-Litton last 4 digits 1509.

As of January 1, 2026, Every Daily Reader Group has the following.

\$996.72 total in the Treasury with \$250.00 of that being the prudent reserve.

\$2,003.92 was collected between December 1, 2025, and December 31, 2025.

105 total contributions with 64 different members contributing in December 2025.

102 Venmo contributions, 2 checks and 1 Zelle contribution in December 2025.

\$0.00 was disbursed to GEA for December 2025.

\$0.00 was disbursed to WSO-AFG December 2025.

\$203.20 Zoom One Pro Annual paid to Gordy H on December 20, 2025. (Renewal due December 19, 2026)

\$550.00 Zoom 500 Participant Annual paid to Gordy H on December 20, 2025. (Renewal due December 19, 2026)

\$504.00 WIX 3 year renewal paid to Gordy H on December 20, 2025. (Renewal due January 5, 2029)

\$746.72 excess treasury above prudent reserve forwarded to Debbie L by Venmo on January 1, 2026.

\$250.00 to be kept in prudent reserve forwarded to Debbie L by Venmo January 1, 2026.

In Service,

Bill R

Interim Treasurer

Venmo @B-R-7AA last 4 digits 8248

Every Daily Readers Group

WSO #30784325

Financial Guidelines Ad-Hoc Committee Report - Amanda

3. Group Secretary

4. Group Conscience Chair – Next Chair Orientation Sunday January 18th at 4pm.

By group conscience, we follow Knowledge-Based Decision Making. May I have a volunteer to read the principles of Knowledge Based Decision Making?

Reader: Knowledge-Based Decision-Making principles can help resolve conflicts in AI-Anon business meetings.

The essential elements of the Knowledge-Based Decision-Making process are:

- Open communication between all members.
- All decision-makers have common access to full information.
- The idea that everyone participates is a spiritual principle.
- Dialogue before decision making allows everyone to be on the same page.
- Opinions are backed up by experience, principles, and/or knowledge.
- We are all equal and everyone is valuable. We respect all ideas and do not tolerate domination.
- We exist in a culture of trust and goodwill.

Chair: We will now open discussion on our group business.

Generally, we follow this format:

1. We introduce a topic and provide information.
2. We ask for any questions.
3. After questions, we open discussion.
4. We seek consensus. If it's not clear we have consensus, we may vote.

You will have one minute to share. You do not need to use all of your time. Please do not share for a second time until everyone has shared. If a member expresses what you want to say, please consider not sharing to allow others to participate.

Now let's open our business.

Old Business

1. Adopting changes to Group Conscience meeting: 1-hour format, 1-minute timed shares, no repeat shares until everyone has had a chance to speak; Chat closed.

2. Adding the traditional Alanon closing to the Chair script.

Minutes from last meeting:

Adding the traditional Alanon closing to the chairperson's script.

Member - they proposed this suggestion; they miss hearing it. Proposes it can be read before the Serenity Prayer closing. As a newcomer it made them feel safe and heard and welcomed.

Alexis posted the traditional Alanon closing:

In closing, I would like to say that the opinions expressed here were strictly those of the person who gave them. Take what you liked and leave the rest. The things you heard were spoken in confidence and should be treated as confidential. Keep them within the walls of this room and the confines of your mind. A few special words to those of you who haven't been with us long: Whatever your problems, there are those among us who have had them, too. If you try to keep an open mind, you will find help. You will come to realize that there is no situation too difficult to be bettered and no unhappiness too great to be lessened. We aren't perfect. The welcome we give you may not show the warmth we have in our hearts for you. After a while, you'll discover that though you may not like all of us, you'll love us in a very special way—the same way we already love you. Talk to each other, reason things out with someone else, but let there be no gossip or criticism of one another. Instead, let the

understanding, love, and peace of the program grow in you one day at a time.

Member - perhaps post the traditional Alanon closing in the chat, so newcomers can see it.

Member - this meeting is short, and adding this to the script might take time away from someone who wants to share; it is read at other Alanon meetings.

Member - reading the traditional closing takes 1 minute 20 seconds, feels this is too long for the regular meeting; it could be read at the after-meeting; does not like posting this in the chat.

Member - loves the “short and sweet” of this meeting; sometimes a newcomer can feel lost among the lengthy verbiage script; likes the idea of posting it in the chat.

Member - does not like the idea of adding more administrative information to the meeting; but the traditional Alanon closing meant very much to them as a newcomer; is in favor of conveying this in a short way at the meeting.

Member - as a newcomer they loved hearing the traditional Alanon closing.

Member - has a shortened version to let newcomers know “we love you, you’re in the right place”; asked to post this in the chat.

Current format 387 words. Adding closing 595.

53.77% increase in length of format.

At 1 minute 20 sec reading, over the course of the year, it will eliminate 243 two-minute shares.

3. Enable members to copy & save chats during meetings.

4. Discussion around appropriateness of member smoking pot on-screen during the meeting.

New Business

1. No Group Conscience on Holiday

Please join me in closing with the serenity prayer.